WHAT IS CLAIMED IS:

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1. A MOS transistor comprising:

an isolation layer formed at a predetermined region of a semiconductor substrate to define an active region;

an upper trench region formed in the active region, the upper trench region crossing the active region to divide the active region into two sub-active regions;

a spacer covering at least a pair of sidewalls of the upper trench region that are adjacent to the active region;

a lower trench region formed under the upper trench region surrounded by the spacer; a pair of high concentration source/drain regions formed at top surfaces of the subactive regions that are located at both sides of the upper trench region respectively;

a gate insulating layer covering the sidewalls and a bottom surface of the lower trench region; and

a gate electrode filling the lower trench region, surrounded by the gate insulating layer, and filling the upper trench region, surrounded by the spacer.

- 2. The MOS transistor of claim 1, wherein the upper trench region has a greater width than the active region.
 - 3. The MOS transistor of claim 1, wherein the spacer comprises a first spacer adjacent to the active region and a second spacer adjacent to the isolation layer, the first spacer having the same width as the second spacer.
 - 4. The MOS transistor of claim 3, wherein the upper trench region has a width that is equal to or greater than the sum of twice width of the second spacer and the width of the active region
- 5. The MOS transistor of claim 3 further comprising a pair of low concentration source/drain regions formed in the semiconductor substrate under the first spacer, and formed in contact with sidewalls of the lower trench region.

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- 6. The MOS transistor of claim 1, wherein the lower trench region has the same width as the active region.
 - 7. A method of fabricating a MOS transistor comprising:

forming an isolation layer at a predetermined region of a semiconductor substrate to define an active region;

etching a predetermined region of the active region to form an upper trench region that crosses the active region, the upper trench region dividing the active region into two subactive regions;

forming a spacer on sidewalls of the upper trench region that are adjacent to the sub-active regions;

selectively etching the semiconductor substrate in the upper trench region using the spacer as an etching mask to form a lower trench region under the upper trench region;

forming a gate insulating layer on sidewalls and a bottom surface of the lower trench region;

forming a gate electrode that fills the lower trench region, surrounded by the gate insulating layer, and that fills the upper trench region, surrounded by the spacer; and forming a pair of high concentration source/drain regions at top surfaces of the sub-

active regions that are located at both sides of the upper trench region respectively.

8. The method of claim 7, wherein forming the upper trench region comprises: sequentially forming a pad oxide layer and a pad nitride layer on an entire surface of the substrate having the isolation layer;

patterning the pad nitride layer to form an opening that crosses over the active region; successively etching the pad oxide layer and the semiconductor substrate using the pad nitride layer as an etching mask; and

removing the patterned pad nitride layer, the spacer being formed on sidewalls of the upper trench region and the etched pad oxide layer.

- 9. The method of claim 8, wherein the opening is formed to have a greater width than the active region.
- 10. The method of claim 7 further comprising forming a low concentration impurity layer under a bottom surface of the upper trench region prior to formation of the

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spacer, the low concentration impurity layer having a different conductivity type from the semiconductor substrate.

11. The method of claim 7, wherein forming the spacer comprises:

forming a conformal spacer insulating layer on an entire surface of the substrate having the upper trench region; and

anisotropically etching the spacer insulating layer to form a pair of first spacers adjacent to the active region and a pair of second spacers adjacent to the isolation layer, a distance between the second spacers is equal to or greater than the width of the active region.

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- 12. The method of claim 11, wherein the spacer insulating layer is formed of a silicon oxide layer or a silicon nitride layer.
- 13. The method of claim 10, wherein the lower trench region is formed to be
 deeper than the low concentration impurity layer, to leave a pair of low concentration
 source/drain regions that are separated from each other and are located at both sides of the
 lower trench region.
- 14. The method of claim 7, wherein the lower trench region is formed to have the same width as the active region.
 - 15. The method of claim 7, wherein forming the gate electrode comprises: forming a gate conductive layer on an entire surface of the substrate including the gate insulating layer; and
- patterning the gate conductive layer to form a gate conductive layer pattern that fills the upper and lower trench regions and crosses the active region.